



SENIOR CENTER NEWS

VOLUME 14 – MARCH 2025



*hello
march!*

Our Daily Schedule

9:00am-10:00am
Coffee & Morning
Snack

10:00am-11:00pm
Morning Exercise

10:00am-11:15am
Cards & Games

11:30am-12:30pm
Lunch

12:30pm-2:00pm
Bingo

12:30pm-4:00pm
Games & Cards

12:30pm
Afternoon Snack

4:00pm
Close



Thanks for Being Our Valentine!

Last month, we celebrated love and friendship at our Second Annual Valentine's Day Celebration. Our kitchen prepared a lunch fit for a candlelight bistro, we snapped a few selfies at a photo booth created by our friends from Right at Home, and we danced the day away thanks to our friend DJ Ken!

We have a few special shout outs this month! Our Super Bowl party was made special by Autumn Lakes providing us with dessert, and Shelley Magan for teaching us the Eagles Fight Song! Lisa's Sweet Treats provided us with some yummy afternoon snacks. TMT (Tony, Mark & Tom) provided live entertainment during lunch. Dr. McQuarrie and Dr. Marconi taught us so much during their Lunch & Learn sessions. Gloria Duca led our monthly Karaoke. This month's Big Bingo Fridays were sponsored by Visiting Angels, Red Oak Hospice, and Journey Hospice.

Thank you all!

Scrabble Tournament

Every Wednesday
1:00pm

Focus your mind and show off your vocabulary at our weekly Scrabble Tournaments!



Open Mic

Every Friday
11:30am

We'll be hosting weekly Open Mics during lunch. Tell a joke! Sing a song! Share your poetry!



Eating Healthy Workshop

Tuesday, March 4th
1:00pm

Join us for a presentation on how to eat healthy - even on a budget - led by our friends from the Community Food Bank of New Jersey!



Brain Health Workshop

Tuesday, March 11th
1:00pm

The brain is an important thing - so let's talk about keeping it healthy! Our friends from The Shores will be leading this presentation!



Connect with us!

To sign up for any of our lunches or activities, or to get more information, reach out to our team!



seniorcenter@ocnj.us



(609) 399-0055